

Health & Fitness Advisory Committee
Meeting Minutes
Dec 6, 2021

The meeting of the Health and Fitness Advisory Committee came to order at 7:05 p.m. Present were Dick Boulton, Dan Burns, Vicki Burns, Steve Hess, Michele Jacobs, Chris Lucas, Anish Manrai, Tavia Patusky, Jessica Jessica Rennenkampf, Kevin Schaffer and Jack Sacchetti.

Agenda: The agenda was approved as presented.

Minutes: The minutes were approved as presented.

Chair Update and Group Discussion

The HAFAC Chair, Jessica Rennenkampf, talked about trying to increase user groups, especially Kidspace representation. Jessica talked about feedback from friends returning to the facilities. She discussed staff being really helpful about where to find cleaning supplies and how to clean when returning to the club.

Jack indicated that it seems that there is more room in classes and people aren't having to be turned away. Vicki talked about an effort to encourage people to cancel versus no-show. There have been communications in the clubs to "be considerate" and cancel if someone can't attend.

S&F Updates

Dan talked about the Clarabridge survey and the most recent has been our highest NPS scores to date. The feedback in the surveys highlight how supportive staff have been as people return. Jessica asked what usage is like compared to pre-COVID times. Dan indicated that we are about 55% to pre-COVID usage with some facilities/programs more and some less. Cycling group fitness classes still remain lower. CA are trending ahead of where we budgeted YTD.

Dan indicated there is a CA Board meeting on Thur, Dec 9 to review the FY23 Budget. There were three test cases initially presented to the Board.

Dick discussed how the review of the test cases revealed how most of the departments - once you take away fixed costs - do pay for themselves. Dan discussed in a true non-profit structure some revenue streams help pay for other programs/services that may lose money. The outdoor pools, Fairway Hills, Sports Park and the Art Center are supported to a certain degree by other facilities/programs.

The Budget will be released to the public in early January. There will be an opportunity for community feedback in January and heading into February. Dan discussed the November community feedback sessions. About 40 community members participated in the sessions and asked great questions.

Dan discussed the Omnicron variant and how we're in the "wait and see" period. It is believed that Omnicron is more transmissible but doesn't seem to result in illness as severe as Delta. CA is keeping an eye on things and staying in contact with our Medical Advisor, Dr. Oken.

Club Updates

Jack discussed that some members may be disappointed with a class that was removed due to low attendance. Vicki discussed how we look at trends for a while before we make the decision to remove a class. Michele discussed how people enjoyed the pop up classes; the feedback being they wouldn't necessarily want to take some of those formats each week but would enjoy taking them as a special event. Michele mentioned that next Thanksgiving we should make sure classes start at least 15 mins after the club opens. Jack discussed how he likes the variety of Body Sculpt and hopes members get to learn the variety available within Body Sculpt and some of the other formats.

Steve asked about Body Step returning to Columbia Gym. Vicki discussed how we started with strength formats coming back from COVID and now people are asking for cardio again. Members asked for Body Step specifically in the most recent Columbia Gym Clarabridge survey.

For the next meeting, Dan wanted to discuss accessibility throughout CA. How do you create opportunities for accessibility and engagement with CA for the community and underserved groups? How do we help people get over the barriers that may exist for our programs and services?

Next Meeting: The next meeting will be held on Monday, February 28 at 7:00pm. This meeting will be held virtually through Google Meet.