

Senior Advisory Committee
Meeting Minutes Thursday, October 20, 2016
2:30 pm, CA Headquarters Boardroom

The meeting was called to order at 2:30 pm.

Members/Liaisons Present:

Michelle Miller, CA; Sharonlee Vogel (Chair), Patty Dugan, CA; Mary McGraw, Roger Chang, Arleen Tate, Katharyn Sunderman, John Eberhard, Jean Salkeld, Paul Verchinski, Courtney Barkley (Office on Aging and Independence), Dale Virginia Wasmus (CA) taking notes.

Excused: Bernice Kish, Rusty Toler **Absent:** George Laniado

Introduction of Guests: Patricia Dugan, Columbia Community Exchange

Approval of Agenda: A motion was made and seconded to approve the agenda. Motion passed.

Approval of Minutes: John Eberhard motioned to approve the July 2016 and September 2016 meeting minutes and Jean Salkeld seconded the motion. Motion passed.

New Business: Patty Dugan gave a presentation about Columbia Community Exchange and time banking.

- Time banking helps with community building
- Neighbors helping neighbors
- Mutual exchange of services (every day type services)
- Every person's time is honored and equal
- Services provided based on membership
- Approximately 250 members
- www.columbia.timebanks.org

Chair's Report: The Villages of River Hill and Harper's Choice are recruiting for SAC members through their newsletters, email blasts and web pages.

Old Business:

Update on CA Advisory Committees:

The Advisory Committees charters are being revised to reflect the new CA Board structure. Each committee will have a charge and submit an annual report to the CA Board. Sharonlee Vogel sent out the Board agenda item backup so the SAC can review the information.

Transportation plan: Paul Verchinski made a motion that CA should present testimony on the transportation master plan in Howard County. Kathryn S. seconded. Motion passed.

Liaison Reports:

Michelle Miller – Columbia Association: Ms. Miller distributed the new “Activities for Mature Adults” brochures. The grand reopening of Splash Down will be Saturday, 10/22/16 from 1:30 to 6 pm.

On Friday, 11/11/16 from 11 am until 12 pm, there will be a Veteran’s Day Celebration at the Lakefront Town Center. Ms. Miller will email the results of the Health Survey. Ms. Paraska will be asked to make a presentation at a future SAC meeting on the results of the survey.

Courtney Barkley – Office on Aging and Independence: Ms. Barkley distributed 50+ Expo fliers and reminded everyone that the 50+ Expo will be held on Monday, October 31, 2016, at Wilde Lake High School. The focus of the Expo this is technology, information and entertainment. She thanked CA for their sponsorship of this event.

Mary McGraw – Village in Howard: The Village in Howard has moved to the Stevens Forest Neighborhood Center. There are currently 119 members. Ann Marie is the new Office Manager, working approximately ten hours per week. Fifty people attended the annual meeting.

Sharonlee Vogel – HC and MD Commission on Aging: **HC** – Legislative Breakfast focused on five areas: decreasing elder abuse by increasing awareness; caregiver education and support; drug pricing; tax credits and alternatives, CCRC definition and regulation.

MD Commission on Aging September statewide summit on healthy aging brought in speakers from NIA, Hopkins, and University of Maryland. Panel presentations were on 1) individual interventions to promote healthy aging; 2) community modifications that

help improve older adult and/or caregiver health; 3) NIA research that promotes healthy aging and independent living; 4) Baltimore longitudinal study on aging – its surprises and its IDEAL (Insight into the Determinants of Exceptional Aging and Longevity).

Member Sharing:

Sharonlee Vogel: Downtown Columbia Partnership (DCP)...CA benefits from the development of DCP. The DCP is funding the transportation master plan along with other programs. These programs benefit all residents of Columbia.

John Eberhard: Led two groups on a trip to The Smithsonian, about 24 people. John proposed a four mile hike between Howard County General Hospital and Blandair Park. John mentioned a few upcoming trips to Statue of Liberty and Staten Island in November and an overnight trip in December – Christmas in Brandywine Valley.

Roger Chang: Attended a volunteer dinner at Kings Contrivance. After 50 years, Roger bought a bike.

Jean Salkeld: Still uses the Six Class Pass from CA. Next Wednesday, 4 pm, at Wilde Lake there will be opportunities to play pickleball. The Pickleball Association of Howard County plays indoors at the Owen Brown Tennis Bubble in winter months starting in November.

Katharyn Sunderman: She and Rusty Toler are planning to meet with the Owen Brown Village Board to talk about senior activities.

Mary McGraw: When she bought her townhouse in Dorsey's Search in 1992 there were no children in the neighborhood. Within the last five years, she's noticed an increase of children in the neighborhood.

Paul Verchinski: Oakland Mills Village will hold its Volunteer Dinner in November. A Bocce Ball court will be installed at Blandair Park.

Meeting Schedule: The next SAC meeting will be held on Thursday, November 17, at CA Headquarters.

Motion made and seconded meeting adjourned at 4 pm.