

Senior Advisory Committee
Meeting Minutes Thursday, March 17, 2016
2:30 pm, Columbia Athletic Club

The meeting was called to order at approximately 2:30 pm.

Members/Liaisons present:

Michelle Miller, Sharonlee Vogel, Courtney Barkley, Bernice Kish, Jean Salkeld, Kathryn Sunderman, Mary McGraw, Arleen Tate, Roger Chang, Paul Verchinski, George Laniano and Rusty Toler.

Excused/Absent: John Eberhard

Guests: Leslie Flynn, General Manager of Athletic Club, and Vicki Burns, Regional Group Fitness Director

Approval of Agenda: Paul Verchinski made a Motion to amend the Agenda to add the following items: Renaming SAC, CA Membership and Part time senior staff coordinator. The Motion was seconded and accepted.

Approval of Minutes: The meeting minutes were approved as submitted.

New Business:

Leslie Flynn, General Manager of Athletic Club, gave the SAC a tour of the facility. She showed the committee various pieces of equipment that are accessible to people with mobility challenges, talked about the Hot Water therapy pool and personal training programs.

Vicki Burns, Regional Group Fitness Director, gave a group fitness presentation and went over group fitness schedules.

Renaming SAC - Paul would like to rename SAC (Senior Advisory Committee). All of the senior centers are now 50+ Centers.

Membership update: Paul asked about the CA memberships and the information that Michelle sent the group. Michelle told the SAC there was a work session held on Thursday, 3/10/16 to talk about the different types of memberships that CA offers. Currently there are over 200 different membership types. A recommendation was made that the membership types be streamlined to include six types of memberships. Pricing has not been discussed yet, rather the focus is in the types of memberships CA should offer at this point.

Chair's Report:

Liaison Reports

Courtney Barkley – Office on Aging: WomenFest will be held on Saturday, 4/30/16, from 10 am to 3 pm at the Gary J. Arthur Community Center. On site cooking classes and core camp seminars are a few of the many activities. CA is a sponsor. Living Well New Leader classes have been scheduled at the Gateway building for March, April and May 2016.

Michelle Miller – Columbia Association: Met with residents of Parkview @ Owen Brown. In partnership with Howard County Library, Columbia Association is offering a Culture Fest to celebrate the music and cultures of Eastern Europe and Russia. This is a free event being held on Sunday, April 10, 2016, 1:30-4:30 pm at the Howard County Library Miller Branch. Attended on Saturday The Village in Howard's first Anniversary celebration.

A section of the Lake Elkhorn pathway will be closed between 3/21 – 3/25/16 while bridge replacement work is being done.

Sharonlee Vogel: Maryland Commission on Aging: – spoke about Mental Health and HC Commission on Aging gave a presentation on transportation.

Mary McGraw – Village in Howard: The first anniversary celebration for The Village in Howard was very well attended with over 100 people, including Milton Matthews and Michelle Miller. The return of the Antique Road Show is on 6/18/16 at Oliver's Carriage House.

Member Sharing:

Arleen Tate - Hickory Ridge: Participated in CA's Health Fair this week. Hickory Ridge Community Association and Nancy McCord of Long & Foster Realtors Columbia are conducting Lifetime Transitions: seminars to help older adults plan for the transition into senior life. The seminars are Free but pre-registration is required.

Part 1: Tuesday, April 5, 6-8 pm Aging in Place

Part 2: Tuesday, April 19, 6-8 pm Legal Considerations

Part 3: Tuesday, May 3, 6-8 pm Senior Housing Options

Kathryn Sunderman - Owen Brown: Main concern is senior transportation.

Bernice Kish: Wilde Lake: Is now involved in planning an exhibit, Artists Over the Years, for Columbia's 50th Birthday.

Jean Salkeld: At Large: Organizing a meeting at the East Columbia 50+ Center on Sunday, April 3, 2016 from 1 to 3pm for pickleball advocates.

Rusty Toler: At-Large: Requested that the drinking fountain at Lake Elkhorn be turned on.

Paul Verchinski: Oakland Mills: Announced that CA was one of the sponsors of the Getting Older Is Not Optional forum presented by Howard County Citizens Association. Oakland Mills Village will be conducting a plant sale on 4/30/16. Paul is writing a senior corner for Oakland Mills. There is a Bocce Ball League at Cedar Lane Park.

George Laniano: Town Center: George and over 50% of Vantage House residents are active in the Maryland Continuing Care Retirement Association.

Meeting Schedule: The next SAC meeting will be held on Thursday, April 21st, 2:30 pm at Hobbit's Glen Clubhouse.

The meeting was adjourned at approximately 4:10 pm.