

**Health and Fitness Advisory Committee**  
**Regular Meeting**  
**July 26, 2016**  
**Coho Grill – Hobbit's Glen**

The meeting was called to order at 7:05 p.m.

**Attendees:** Anish Manrai, Steve Mendelsohn, Leslie Flynn, Tavia Patusky, Vicki Burns, Chadi Groome, Cathy Weiss, Steve Drakos and Mary Helen Sprecher.

**Minutes:** The minutes were reviewed and approved, with minor corrections.

**Agenda:** The agenda was approved.

**Reports:** Anish Manrai reported on plans for renovations. Proposals are being received for the rehab of the ice rink.

CA is in the process of rolling out a member experience management software system for all three fitness clubs as well as Haven on the Lake. The system will include a kiosk or tablet so that members can provide input at point of service. It will ultimately be used at all CA facilities; however, it will be first used in the health and wellness clubs. CA is presently working with the company that will be putting this system together. It will be more sophisticated than the comment cards (which will no longer be used), and can be sent to members using only one specific club.

The system will allow members to provide more input than currently possible about whether they are satisfied with their member experience, and to do so independently and without guidance from staff. The new system has an expected rollout date of September 2016.

**Charge:** Leslie Flynn noted she had sent out a copy of the amended HAFAC charge, and that it would be presented to the board of directors that week.

**HAFAC Issues:** Cathy Weiss noted that there does not seem to be any application process for those who want to become part of HAFAC. However, because the group is more diverse and has more than one purpose, it requires better representation from members. Leslie noted that she had come across a charter from several years back, and that this could be revised in order to create a better definition of the committee. She agreed to send this around.

**Marketing:** The next Open House for the clubs is October 10 (Columbus Day). CA is seeking ideas for themes. The most recent Open House, which had an Olympic theme, was a tremendous success and members seemed to enjoy it.

## **HAFAC Committee**

**Membership:** Steve Drakos informed the committee that he would only be remaining on HAFAC throughout this term.

**Club Reports:** A summary of each club's activities was included with the pre-meeting materials; it was agreed this was a much more efficient use of time than having everyone go through reports.

**Athletic Club:** Leslie Flynn reported on proposed renovations for the Athletic Club. Although the club cannot be expanded, it can be redesigned to create a better flow and a better member experience. She expects to have more details, and possibly renderings, at the next HAFAC meeting. Renovations will begin in May 2017. The Package Plan Plus Room will be removed during the renovations since this will type of membership will no longer be offered by CA. However, the emphasis of the renovation is not on taking away aspects of the club; it is more focused on making better use of the space that exists. The committee questioned whether the club could be built out; Leslie noted that because no more parking can be added, CA is unable to expand the building.

Members of the committee asked if they would be able to have input into punch list items such as paint colors or finishings; however, these are things that CA will pick out in order to remain consistent with its brand.

**Group Exercise:** Vicki Burns noted that along with the changes in CA membership, there will be changes to the way preregistration is handled for some classes; most will not have preregistration. However, for classes that fill quickly and often have a waiting list (such as yoga, Body Step, Body Pump and cycling), preregistration will still be an option, particularly for classes that take place early in the day. However, more drop-in classes will be offered. The class schedules will also be simplified so that they are easier to use, both in terms of finding types of classes (such as yoga) and in terms of color-coding classes in terms of strength training class, yoga, dance, etc. Virtual fitness/fitness on demand will also be offered.

There was record attendance at outdoor aqua fitness class this summer, with one class hosting 87 people (beating the record of 83 last year.)

**Supreme Sports:** Tavia Patusky, Supreme Sports Club's new manager as of two weeks ago, introduced herself and noted that the club was headed into shutdown and described some of the improvements that would be made during shutdown.

Discussion ensued regarding parking and traffic flow at SSC. It was noted that the only thing that could be done was to repaint the markings on the parking lot. Unfortunately, that is difficult to do in a 24-hour facility since it is always busy.

**Haven on the Lake:** Construction on the conference room is behind schedule; the facility recently had a shutdown for three days. Haven is expanding its aqua programs, including aqua cycling and aqua circuit as well adding a water massage. Some classes have been consolidated. A kickoff event will be held in September.

**Next Meeting:** The next HAFAC meeting was scheduled for Wednesday, October 5.

There being no further business to come before the committee, the meeting was adjourned at 8:39 p.m.