

# Love Pilates? Can't get enough Pilates?

Refer a friend  
and get a  
**FREE**  
Pilates class.

We love our members and we want to continue to grow with people just like you! When your friend signs up for a monthly Pilates session or purchases a package of private sessions, you will receive free admission to one of our small group Pilates classes. There is no limit to how many friends you can refer.

  
**HAVEN**  
ON THE LAKE



## Share the gift of health and wellness!

Friend's name\*

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Friend's phone number and email address:

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Your name:

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Your phone number and email address:

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Package purchased and date:

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\*Valid for new participants only and cannot be combined with other offers. This coupon must be presented at time of purchase and attached to receipt.