

Senior Advisory Committee
Meeting Minutes Thursday, April 19, 2018
2:30 pm, CA Headquarters Boardroom

The meeting was called to order at approximately 2:30 pm.

Members/Liaisons Present:

Michelle Miller, Sharonlee Vogel, Bernice Kish, Patty Dugan, Elizabeth Johnson, Genie Wessel, Mary McGraw, Jean Salkeld, Pearl Atkinson-Stewart, Arleen Tate, Roger Chang, John Eberhard, Paul Verchinski, and Dale Virginia Wasmus (CA) taking notes.

Absent/Excused: George Laniado

Introduction of Guests: Sharonlee introduced both Jillian Anderson of Community Care Team and Tehani Mundy of Journey to Better Health.

Approval of Agenda: A motion was made and seconded to approve the agenda.

Approval of Minutes: A motion was made and seconded to approve the February 15, 2018, SAC meeting notes as submitted.

Presentations:

Jillian Anderson from Community Care Team:

- This program is voluntary and free if you are a Medicare beneficiary, have had two or more encounters with the hospital in the last 12 months and live in Howard County.
- A nurse, social worker and health community worker visit the patient in their home after they are discharged from the hospital.
- Anyone can refer to this group.
- Information is available on the Howard County Hospital website.
- Cannot work with assisted living residents.
- The program has been around for four years and under Howard County Hospital for two years.

Tehani Munday from Journey to Better Health:

- Free volunteer-driven network to socially support members enrolled during and after a health crisis.
- Free to enroll for those who live and worship in Howard County, Maryland.
- Trained volunteers to offer non-medical support – help you heal while you are at home.
- Currently, there are 24 trained volunteers and 150 members with chronic conditions
- Member Care Support Network is funded through Howard County Health Department.
- Tehani passed out several fliers.

Paul V. asked how many participants 65 and over did the programs serve during the last year? How many participants 65 and over since inception?

Jillian replied that they do not have that information and will check with her supervisors if that information is available and can be shared.

New Business:

FY 2018 Annual Senior Advisory Committee Report: The draft report was reviewed and suggestion made to include the number of recommendations that have been started, modified, and ongoing. The report was accepted as amended.

Old Business:**Comprehensive Plan for Serving an Older Adult Community:**

Michelle passed out the Comprehensive Plan for Serving an Older Adult Community Implementation report that she reformatted for easier reading. She read the various items that were implemented during the year and answered questions from the committee. Numbers will be added to the SES trips and other areas where data is available.

Liaison Reports:

Michelle Miller: Columbia Association: Michelle reported that the Long Reach Tennis Facility will have a Grand Opening on Friday, 4/20/18 from 6 to 9 pm. The Athletic Club will close on April 30, 2018, thru November 2018 for renovations.

Mary McGraw – Village in Howard: The Village in Howard has approximately 150 members and the Circle of Health program is growing.

Chair's Report: Sharonlee would like SAC to recommend to the CA Board for a new building site for the East Columbia 50+ Center as the current site is too small. Pearl suggested that members call over to the 50+ Center as there is information about advocating for a new center to be built.

Member Sharing:

Genie Wessel: There will be outdoor yoga and a plant exchange on 4/29/18 at the Barn near Wilde Lake. The yoga will be led by an instructor from The Haven and starts at 9 am. The plant exchange will be in the same location and is from 10 am until 1 pm. The next theater production is Big Fish and starts on 5/11/18. Tickets are available at Slayton House or online. If you live in Wilde Lake there is a discount price. Rainbow Children's Theater is presenting Uncle Pete's Puppets on May 4, 2018. Tickets are \$5 at the door or from Slayton House. The show begins at 10 am.

Meeting Schedule: The next meeting will be held on Thursday, May 17, 2018.

Adjournment: At 4 pm a motion was made and seconded to adjourn this meeting.