

Youth Policies

1 All youth must be part of a Columbia Association membership, a guest of a member or a Columbia resident paying the daily admission fee.

1 Any member bringing a guest to a CA facility must remain in the facility and/or in direct supervision of the guest (age dependent).

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1 Members 12 and 13 (or 11 and 4' 11") may use the fitness areas (except free weight areas) appropriate to their membership upon successful completion of the free Youth Program Certification (YCP), provided a parent or guardian over 18 is in visual distance during the entire time the youth is in

the club. YCP teaches proper technique and etiquette. Applies to club pools also. For more information, see the front desk.

1 The Free Weight Room, Adult Group Fitness classes and the Therapy Pool (at Columbia Athletic Club) are restricted to members 14 and over.

1 May use the pool when parents are in the building if they have passed the Columbia Association "Safety First" aquatics test. The child must be dropped off and picked up in the pool area by the parent or guardian.

1 May participate in any organized club activity specified for their age and membership type, such as KidSpace, Game Room, Youth Arena, Camps or special programs.

1 May use the adult basketball Arena Court #2 during designated "Family Gym" times under the direct supervision of a parent or guardian. Parent must remain in the basketball arena.

1 May participate in age appropriate youth sports leagues in the Adult Arena.

1 May use racquetball, squash and squash courts with adult supervision.

1 At Supreme Sports Club, youth under 18 may not be in facility between 12 midnight and 5:00am.

Guest requirements:

- *Guests under 14 require supervision from someone 18 or over.*
- *Guests 13 and under cost \$8 or one guest pass and must sign a guest waiver and observe club rules. Adult member must be in club and supervise guest at all times.*
- *KidSpace, \$8.*

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1 May enjoy all areas of the club appropriate to their membership with the exception of the spa and sauna. Free weight room and group exercise classes are included.

Guest requirements:

- *Guests 14 and 15 cost \$8 or one guest pass and must sign a guest waiver and observe club rules. Member must remain in club.*

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1 Enjoy adult privileges appropriate to their membership.

Guest requirements:

- *Guests 16 and 17 cost \$16 or one guest pass and must sign a guest waiver and observe club rules. Member must remain in club.*

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1 Enjoy adult privileges appropriate to their membership.

Guest requirements:

- *Guests 18 cost \$16 or one guest pass and must sign a guest waiver and observe club rules. Member must be in club.*