



**HEALTH AND FITNESS ADVISORY COMMITTEE**

**NOTICE OF MEETING**

**and**

**AGENDA**

**March 18, 2019**

**7:00pm**

**Haven on the Lake Conference Room**

**10275 Little Patuxent Pkwy, Columbia, MD 21044**

- 7:00 Welcome/Call to Order**
- 7:05 Review & Approve Minutes from January 14, 2019 Meeting**
- 7:10 Approve Agenda & Review Contact List**
- 7:15 Chair Update and Group Discussion - Subcommittees, User Groups Represented, Club Usage, Classes, Observations**
- 7:30 S&F Department Updates - Progress Reports and Renovations**
- Strategic Plan Development
- 7:40 Club and Division Reports**
- Questions/Thoughts on Club/Division Reports
- 8:00 Ongoing Sport and Fitness Department Initiatives**
- Fitness Club & Haven Guest Policy Updates
  - Tribe Team Training
  - TRX Flex & MAPS
- 8:10 Committee Member Ideas**
- 8:20 Upcoming and Current Programs**
- Saturday, 3.23.19 - CA Open House
  - Monday, 3.25.19 - Healthy Eating Kick Off
- 8:25 Propose Next Meeting Date**
- 8:30 Adjourn**