

# Supreme Sports Club

## Arena Class Relocations

**Supreme 1Fit** members are also welcome to attend classes at Columbia Athletic Club and Columbia Gym.

We're continuing to make improvements to give you a better experience at Supreme Sports Club. As part of our next phase of renovations, **the arena will be closed from Saturday, August 24 through late October or early November.** Group fitness classes normally held in the arena will be relocated to other spots at Supreme Sports Club or, in some cases, Columbia Gym or Columbia Athletic Club. For more information, email [Group.Fitness@ColumbiaAssociation.org](mailto:Group.Fitness@ColumbiaAssociation.org).

### SUNDAY

**10:15am** Tae Bo™ → moves to → **Columbia Gym Youth Arena**  
 Beginning 8/25.

### MONDAY

**6:30pm** Cardio Tone → moves to → **Supreme Sports Club Youth Arena**  
 New time: **6:45pm** beginning 8/26.  
 No class on Labor Day, 9/2.

### TUESDAY

**7pm** Tae Bo™ → moves to → **Columbia Gym Studio 1**  
 Beginning 8/27.

### WEDNESDAY

**6pm** Cardio Dance Party → moves to → **Columbia Gym Youth Arena**  
 Beginning 8/28.

### THURSDAY

**6:30pm** Zumba™ → moves to → **Supreme Sports Club Youth Arena**  
 Beginning 9/5.

**7pm** Tae Bo™ → moves to → **Supreme Sports Club Studio 1**  
 Beginning 9/5.

\* **Tae Bo™ cancelled on 8/29 and replaced with a special Throwback Thursday cycle class at 7pm with Michelle W. No registration necessary. Space-available basis.**

### FRIDAY

**No changes**

### SATURDAY

**10:45am** Tae Bo™ → moves to → **Columbia Gym Youth Arena**  
 Beginning 8/24.

**Noon** Zumba™ → moves to → **Columbia Athletic Club Studio 1**  
 Beginning 8/24.