

**Health & Fitness Advisory Committee  
Minutes  
August 5, 2019**

The meeting of the Health and Fitness Advisory Committee came to order at 7:05 p.m. Present were Jessica Rennekampf, Cathy Weiss, Jack Sacchetti, Bob Berlett, Jeff Lunder, Alan Lassman, Leo Bruette, Larry Sorkin, Tavia Patusky, Kevin Shaffer, Laurie Mambert, Vicki Burns and Anish Manrai.

Agenda: The agenda was approved as presented.

Minutes: The minutes were approved as presented.

**Chair Updates (Jessica)**

Diversity on the HAFAC Committee: Jessica asked if there was any success in adding diversity to the HAFAC Committee particularly individuals using Kidspace, Free Weight equipment, etc. Can we add a flier to the clubs or info in the fitness newsletter about HAFAC and participation? We are still working on this initiative. Laurie will work on marketing for HAFAC participation.

Tribe Season 5: Tribe kicked off this week. Jessica is still enjoying her early morning Tribe Team Training. AC team always very welcoming in the early mornings.

Kidspace Update: Jeff visited AC, CG and SSC Kidspaces on a Saturday. He spoke with parents and team members. All team members were very open and friendly. Hours and cleanliness and employee engagement were among the positive feedback. Good selection of toys, but footwear policy was a pain point.

HAFAC Charter/ Board Presentation: Jessica went to the Board meeting to present HAFAC charges. Board wants to make the charges more quantifiable. Leo asked the Board to give timelines so the committees could provide more information. Cathy suggested looking at Clarabridge scores and instances in which member feedback was implemented. Leo suggested looking at participation rate.

**Sport and Fitness Department Updates (Anish)**

Make Time Monday Open House: Open House was Monday, 7.15.19. Membership sales were very good during the Open House.

September 6 is the deadline for budget requests from the HAFAC Committee. Have Supreme on the radar for FY21 and Columbia Gym in FY22.

**Club and Division Reports (All)**

Jessica indicated she was excited to see we were looking at BodyCombat.

Goat Yoga has been a success at Haven on the Lake.

New Matrix ICG bikes have had great feedback at CG and SSC. Vicki indicated they were looking at re-launching the new bikes again later in Fall when people start coming inside from riding outdoors and summer vacations.

**Ongoing Sport & Fitness Department Initiatives**

Tribe Training: Tribe Season 5 has had great enrollment at both AC and SSC.

Summer Photo Drive: The clubs will be working with members to get photos into the membership system.

Healthy Eating Events: Next event is "Spice Up Your Vegetables" in August.

**Committee Member Feedback:**

Bob brought up that it would be important to feature more diversity on the HAFAC committee.

Member feedback - Ensure exits are clear. GMs to verify.

**Next Meeting:** The next meeting will be held on Monday, 10.21.19 at 7:00pm at Haven on the Lake.