

Columbia Gym Adult Arena

Effective **February 3, 2020**. Schedule may change. Columbia Gym hours of operation: Monday-Thursday, 5am-11pm; Friday, 5am-9pm; Saturday, 6am-7pm; Sunday, 6am-9pm. Team practices are not permitted during open times. Rental times may be arranged by calling 410-531-0800.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am							
5:30am						Facility Closed	Facility Closed
6:00am	Open Gym 5-7am	Open Gym 5-7am	Open Gym 5-7am	Open Gym 5-7am	Open Gym 5-7am		
6:30am							
7:00am							
7:30am	Competitive Play 7-9am	Competitive Play 7-9am	Competitive Play 7-9am	Competitive Play 7-9am	Competitive Play 7-9am	Open Gym 6-9am	Competitive Play 6-9:20am
8:00am							
8:30am							
9:00am							
9:30am	Open Gym 9-9:35am	Open Gym 9-9:35am		Open Gym 9-9:35am	Open Gym 9-9:35am		
10:00am	Cardio Tone HIIT 9:45-10:30am	Body Combat 9:45-10:40am		Body Combat 9:45-10:40am	Cardio Tone 9:45-10:40am	Competitive Play 9-11am	Cardio Dance Party 9:30-10:25am
10:30am							
11:00am		Open Gym 10:45-11:45am		Open Gym 10:45-11:45am			
11:30am							
noon							
12:30pm		Competitive Play 11:45am- 2:30pm		Competitive Play 11:45am- 2:30pm			
1:00pm							
1:30pm							
2:00pm	Open Gym 10:30am- 5:50pm					Open Gym 11am-7pm	Open Gym 10:25am-5pm
2:30pm							
3:00pm							
3:30pm							
4:00pm			Open Gym 9am-11pm		Open Gym 10:40am-9pm		
4:30pm							
5:00pm							
5:30pm							
6:00pm							
6:30pm	Cardio Dance and Tone 6-6:55pm	Open Gym 2:30-11pm		Open Gym 2:30-11pm			
7:00pm							
7:30pm	Open Gym 7-8:30pm						Special Events, Programs and Rentals 5-11pm
8:00pm							
8:30pm						Special Events, Programs and Rentals 7-11pm	
9:00pm							
9:30pm	Competitive Play 8:30-11pm				After Hours Rental 9-11pm		
10:00pm							
10:30pm							
11:00pm							