

Pool Schedule

Effective **March 1, 2020**. NOTE: Schedules may change. Visit facility or go to ColumbiaAssociation.org/pools and click on Classes for updated schedules. Beach entry and cove open whenever the pool is open.

***No lap swimming during Water Aerobics or Lesson Only times. The pool area will only be available to those ages 16 and older during Aqua Fitness classes.** Schedule subject to change, call 410-531-0800 for details. For your health and safety, children under the age of 3 are required to wear swim diapers. Schedules around group fitness classes, may be altered by 5 minutes to allow staff time to set up the pool. Aerobic classes are 55 minutes. Arthritis classes are 45 minutes.

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|----------|---|---|---|--|---|----------------------------------|----------------------------------|
| 5:00 am | | | | | | Closed 5-6am | Closed 5-6am |
| 5:30 am | | | | | | | |
| 6:00 am | | | | | | | |
| 6:30 am | | | | | | | |
| 7:00 am | Laps 5-9:25am | Laps 5-10:15am | Laps 5-9:25am | Laps 5-10:15am | Laps 5-10:15am | Laps 6-8:55am | Laps 6-10:55am |
| 7:30 am | | | | | | | |
| 8:00 am | | | | | | | |
| 8:30 am | | | | | | | |
| 9:00 am | | | | | | | |
| 9:30 am | | | | | | Aqua Fitness 9-9:55am | |
| 10:00 am | Aqua Zumba® 9:30-10:25am | | Aqua Fitness 9:30-10:25am | | | | |
| 10:30 am | | | | | | | |
| 11:00 am | | | | Pivot Physical Therapy (may take one lap lane) 10:20am-1:20pm | | | |
| 11:30 am | | | | | | | |
| Noon | | | | | | | *Lessons Only 11am-1:30pm |
| 12:30 pm | | | | | | | |
| 1:00 pm | Laps, Rec Swim and Lessons 10:30am-5pm | Pivot Physical Therapy (may take one lap lane) 12:20-4pm | Laps and Rec Swim 10:15am- 5pm | Laps and Rec Swim 10:15am- 5pm | Laps, Rec Swim and Lessons 10:15am-5pm | Laps and Rec Swim 10am-7pm | |
| 1:30 pm | | | | | | | |
| 2:00 pm | | | | | | | |
| 2:30 pm | | | | | | | |
| 3:00 pm | | | | | | | |
| 3:30 pm | | | | | | | Laps and Rec Swim 1:30-6pm |
| 4:00 pm | | | | | | | |
| 4:30 pm | | | | | | | |
| 5:00 pm | | | | | | | |
| 5:30 pm | Laps Only 5-6:25pm | Laps Only 5-6:25pm | Laps Only 5-6:25pm | Laps Only 5-6:25pm | Laps Only 5-6:30pm | | |
| 6:00 pm | | | | | | | |
| 6:30 pm | | | | | | | Rental only 6-8:15pm |
| 7:00 pm | *Lessons Only 6:30-8:30pm | | *Lessons Only 6:30-8:30pm | Aqua Zumba® 6:30-7:25pm | Laps and Rec Swim 6:30-9pm | | |
| 7:30 pm | | | | | | | |
| 8:00 pm | | Laps and Rec Swim 6:30-10pm | | Laps and Rec Swim 7:30-10pm | | Rentals 7-9:15pm | |
| 8:30 pm | | | | | | | Closed 8:15-9pm |
| 9:00 pm | Laps and Rec Swim 8:30-10pm | | Laps and Rec Swim 8:30-10pm | | Closed 9-10pm | | |
| 9:30 pm | | | | | | Closed 9:15-10pm | |
| 10:00 pm | | | | | | | |