

# Columbia Athletic Club

# Pool Schedule

## Hot water therapy/recreational pool

Effective **July 20, 2020**. Schedules may change. Visit facilities or go to [ColumbiaAssociation.org/pools](http://ColumbiaAssociation.org/pools). The water temperature of this pool is kept between 90-92 degrees. The pool is scheduled for adult only (14 and older) use with exceptions for physical/aquatic therapy sessions. Reservations are for 55 minutes; maximum 10 participants.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday									
6:30 am	Open Swim Reservation required 6:30am-12:30pm	Open Swim Reservation required 6:30-7:30am	Open Swim Reservation required 6:30am-12:30pm	Open Swim Reservation required 6:30am-12:30pm	Open Swim Reservation required 6:30-7:30am	Closed 6:30-7am	Closed 6:30-7am									
7:00 am		Open with lane restrictions Reservation required 7:30am-12:30pm			Open Swim Reservation required 6:30am-12:30pm	Open Swim Reservation required 6:30am-12:30pm	Open with lane restrictions Reservation required 7:30am-12:30pm	Open Swim Reservation required 7-11am	Open Swim Reservation required 7-11am							
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11:30 am	Pivot Physical Therapy 7am-3:30pm	Open with lane restrictions Reservation required 11am-1pm	Closed 12:30-1:30pm	Closed 12:30-1:30pm	Closed 12:30-1:30pm	Open with lane restrictions Reservation required 11am-1pm	Private Watsu \$ 11am-1pm	Open with lane restrictions Reservation required 11am-1pm								
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