

Columbia Athletic Club

Pool Schedule

Hot water therapy/recreational pool



Effective **January 2, 2021**. Schedules may change. Visit facilities or go to ColumbiaAssociation.org/pools. The water temperature in this pool is kept between 90-92 degrees. The pool is scheduled for adult only (14 and older) use with exceptions for physical/aquatic therapy sessions. Reservations are for 55 minutes; maximum 10 participants.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 am					Open Swim Reservation required 6:30-7:30am	Closed 6:30-7am	Closed 6:30-7am
7:00 am	Open Swim Reservation required 6:30am-9:30am	Open Swim Reservation required 6:30am-12:30pm	Open Swim Reservation required 6:30am-12:30pm	Open Swim Reservation required 6:30-9:30pm	Open Swim Reservation required 6:30-9:30pm	Open Swim Reservation required 7am-1pm	Open Swim Reservation required 7am-1pm
7:30 am							
8:00 am							
8:30 am							
9:00 am							
9:30 am							
10:00 am	Aqua Arthritis Reservation required 9:30-10:30am	Pivot Physical Therapy 7am-4pm	Pivot Physical Therapy 7am-4pm	Aqua Arthritis Reservation required 9:30-10:30am	Pivot Physical Therapy 7am-4pm	Open with lane restrictions Reservation required 7:30am-12:30pm	Open Swim Reservation required 7am-1pm
10:30 am							
11:00 am	Open Swim Reservation required 10:30am-12:30pm			Open Swim Reservation required 10:30-12:30pm			
11:30 am							
Noon							
12:30pm							
1:00pm	Closed 12:30-1:30pm	Closed 12:30-1:30pm	Closed 12:30-1:30pm	Closed 12:30-1:30pm	Closed 12:30-1:30pm	Closed 1-1:30pm	Closed 1-1:30pm
1:30pm							
2:00pm	Seniors (60+) Only Reservation required 1:30-3:30pm	Seniors (60+) Only Reservation required 1:30-3:30pm	Seniors (60+) Only Reservation required 1:30-3:30pm	Seniors (60+) Only Reservation required 1:30-3:30pm	Seniors (60+) Only Reservation required 1:30-3:30pm	Seniors (60+) Only Reservation required 1:30-3:30pm	Seniors (60+) Only Reservation required 1:30-3:30pm
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm		Open with lane restrictions Reservation required 3:30-6:30pm			Open Swim Reservation required 3:30-5:30pm	Open Swim Reservation required 3:30-5pm	Open Swim Reservation required 3:30-5pm
5:00pm	Pivot Physical Therapy 9am-8pm Open with lane restrictions	Open with lane restrictions Reservation required 3:30-6:30pm	Open with lane restrictions Reservation required 3:30-8:30pm	Open with lane restrictions Reservation required 3:30-8:30pm	Open with lane restrictions Reservation required 3:30-8:30pm	Open with lane restrictions Reservation required 3:30-8:30pm	Open with lane restrictions Reservation required 3:30-8:30pm
5:30pm							
6:00pm							
6:30pm							
7:00pm		Aqua Arthritis Reservation required 6:30-7:15pm					
7:30pm		Open Swim Reservation required 7:15-8:30pm					
8:00pm							
8:30pm							
9:00pm							
9:30pm	Closed	Closed	Closed	Closed	Closed	Closed	Closed
10:00pm							