

Health & Fitness Advisory Committee
Meeting Minutes
February 8, 2021

The meeting of the Health and Fitness Advisory Committee came to order at 7:05 p.m. Present were Jessica Rennekampf, Dick Boulton, Steve Hess, Alan Lassman, Cathy Weiss, Jack Sacchetti, Jeff Lunder, Mary Helen Sprecher, Chadi Groome, Cathy Weiss, Leo Bruette, Julia Schnorf, Rose Batts, Tavia Patusky, Anish Manrai, Kevin Shaffer, Leslie Flynn, Laurie Mambert, Vicki Burns and Dan Burns.

Agenda: The agenda was approved as presented.

Minutes: The minutes were approved as presented.

Chair Update and Group Discussion

Julia and Rose wanted to ensure group fitness instructors were getting all the support they needed. Rose and Julia felt the instructors go above and beyond to deliver an embracing, great experience. Julia wanted to know when more Zumba at Columbia Gym would be available. Julia would also like a yoga class on the Columbia Gym schedule for noontime during the week. Julia also asked about how to take virtual yoga classes with CA.

Jack asked about CoreFit classes at Columbia Gym. Judy used to teach them and they have not yet returned. Jack mentioned that he was enjoying Rachel's CoreFit classes at Supreme. Jack also took a Barre and Cardio class. He enjoyed the format.

S&F Updates

Dan asked everyone if they had received the recent Clarabridge survey. This survey was a very different format. Previous surveys were more operationally focused and were only sent to users who had visited in the last 90 days. The most recent survey went to current members, primary account holders on freeze and recent primary account holder cancellations. The survey was focused on doing a "temperature check" on how people were feeling. Responses have been very interesting and some of the stories have been really amazing. Some people are talking about how important CA is to them, how much they miss CA and how important Columbia is to them. Clarabridge is working through sorting through and organizing the data. Hopefully, the data will provide some insight on next steps on how to move forward as we move out of the pandemic. The amount of verbatim response was off the charts. The next survey will transition back towards a cross of the most recent and previous, more operational surveys.

Steve asked what email the survey would have been coming from. Jessica indicated it came from "Dan" from Columbia Association with a mail address of @columbiaassociation.org Jessica mentioned the survey looked very polished and warm.

Dan also reviewed the draft budget process. Dan discussed budget projections and recommendations that would potentially impact the HAFAC users. Some of the proposals in the budget include no annual charge raises, supporting village centers, multicultural exchange programs, afterschool programs and 15 outdoor pools (with neighborhood swim league program), establishing a rainy day fund. Staff is recommending to the board that Haven on the Lake sunset on May 1, 2021. Open Space and

commitment to the arts included in the budget. Wilde Lake Tennis Club will be used primarily as a USTA facility. Snack bars at pools operate at a loss and we are recommending they do not open this year (we'll work to provide food trucks when possible.)

Dan reviewed upcoming opportunities to get involved in the budget approval process. If you can't make any of the meetings you can reach out to Village reps or communicate with the entire board. Dan encouraged everyone to make sure their voices were heard.

Dick Boulton added that S&F has the most volatile aspect of the budget as COVID has impacted S&F facilities dramatically. Dick indicated they are trying to find ways to save the Haven, but it is difficult to find other places to find the money. Dick encouraged everyone to share their feedback.

Jack asked about the time frame for the CA budget. Dan indicated that on May 1, 2021 CA starts it's FY22 budget.

Steve asked about Milton Matthew's positions. Dick Boulton said they have received over 80 qualified candidates. The board is working through the interview process and they believe they have some great prospects. Leo asked about how many candidates live in or around Columbia. Dick indicated that about half live in or around Columbia. The board will require the next CEO to live in or around the Columbia community.

Dan talked about attendance, memberships and programming at the facilities. As people are getting vaccinated, we are beginning to see stronger participation. CA came through holiday COVID surge without a huge uptick in the COVID issues at CA.

Alan asked Dan about the possibility of the whirlpools reopening at Columbia Gym and Supreme Sports Club. Dan indicated that we are looking at the logistics of reopening. When the County Executive lifts most recent restrictions we'll likely see more CA COVID restrictions relaxed.

Julia asked if Miss Rose could bring her to Haven on Fridays. Dan indicated we'd look into it (with Julia's parents permission.) Julia swims for Special Olympics.

Jessica asked if anyone had any questions about club reports. Jessica commented that she's been very happy to see virtual PT and Tribe have been going well.

Laurie announced that Bonnie Pace has accepted the full time trainer position at Columbia Gym. She'll help launch a nutrition program for CA.

Jessica indicated she hopes virtual stays in the future. Dan talked about the challenges to providing virtual experiences and talked about how paying for the music is the biggest hurdle. It is very very expensive to offer online classes with the type of music members are used to.

Dan talked about free passes available to members on freeze.

Next Meeting: The next meeting will be held on May 10 at 7:00pm. This will be another virtual meeting through Google.