

Columbia Athletic Club

Pool Schedule

Hot water therapy/recreational pool

Effective **June 16, 2021**. Schedules may change. Visit facilities or go to ColumbiaAssociation.org/pools. The water temperature in this pool is kept between 90-92 degrees. The pool is scheduled for adult only (14 and older) use with exceptions for physical/aquatic therapy sessions. Reservations are required for Aqua Fitness classes. **Annual shutdown from July 12-18.**

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|----------|---|---|---|--|---|---|----------------------|
| 6:30 am | | | | | | Closed 6:30-7am | Closed 6:30-7am |
| 7:00 am | | | | | | | |
| 7:30 am | Open Swim 6:30am-9:30pm | | Open Swim 6:30-9:30am | Open Swim 6:30-9:30am | | | |
| 8:00 am | | | | | | Open Swim 7am-11am | |
| 8:30 am | | | | | | | |
| 9:00 am | | | | | | | |
| 9:30 am | | | | | | | |
| 10:00 am | Aqua Arthritis Reservation required 9:30-10:30am | Pivot Physical Therapy 7am-4pm | Aqua Yoga Reservation required 9:30-10:15am | Aqua Arthritis Reservation required 9:30-10:30am | Pivot Physical Therapy 7am-4pm | | |
| 10:30 am | | | Pivot Physical Therapy 7am-4pm | | | | |
| 11:00 am | | | | | | Aqua Arthritis Reservation required 11:00-11:45pm | |
| 11:30 am | | | | | | | Open Swim 7am-5pm |
| Noon | | | | | | | |
| 12:30 pm | | | | | | | |
| 1:00 pm | | | | | | | |
| 1:30 pm | | | | | | | |
| 2:00 pm | Open with lane restrictions 10:30am-8:30pm | Open with lane restrictions 6:30am-6:30pm | Open with lane restrictions 10:15am-8:30pm | Open with lane restrictions 10:30am-8:30pm | Open with lane restrictions 6:30am-5:30pm | Open Swim 11:45am-5pm | |
| 2:30 pm | | | | | | | |
| 3:00 pm | | | | | | | |
| 3:30 pm | | | | | | | |
| 4:00 pm | | | | | | | |
| 4:30 pm | Pivot Physical Therapy 9am-8pm Open with lane restrictions | | | Pivot Physical Therapy 7am-8pm | | | |
| 5:00 pm | | | | | | | |
| 5:30 pm | | | | | | | |
| 6:00 pm | | | | | Aqua Arthritis Reservation required 5:30-6:15pm | | |
| 6:30 pm | | | | | | | |
| 7:00 pm | | Aqua Arthritis Reservation required 6:30-7:15pm | | | | | |
| 7:30 pm | | | | | Open Swim 6:15-8:30pm | Closed | Closed |
| 8:00 pm | | Open Swim 7:15-8:30pm | | | | | |
| 8:30 pm | | | | | | | |
| 9:00 pm | Closed | Closed | Closed | Closed | Closed | | |
| 9:30 pm | | | | | | | |
| 10:00 pm | | | | | | | |