

REMEMBER TO CANCEL YOUR RESERVATION VIA THE APP OR CALL THE CLUB IF YOU CANNOT ATTEND.

Columbia Athletic Club

Pool Schedule

Hot water therapy/recreational pool

Effective **December 1, 2021**. Schedules may change. Visit facilities or go to ColumbiaAssociation.org/pools. The water temperature in this pool is kept between 90-92 degrees. The pool is scheduled for adult only (14 and older) use with exceptions for physical/aquatic therapy sessions. Reservations are required for Aqua Fitness classes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 am						Closed 6:30-7am	Closed 6:30-7am
7:00 am							
7:30 am	Open Swim 6:30-9:30am		Open Swim 6:30-9:30am	Open Swim 6:30-9:30am			Open Swim 7am-11am
8:00 am							
8:30 am							
9:00 am							
9:30 am							
10:00 am	Aqua Arthritis Reservation required 9:30-10:15am		Aqua Yoga Reservation required 9:30-10:15am	Aqua Arthritis Reservation required 9:30-10:15am			
10:30 am							
11:00 am		Aqua Arthritis Reservation required 10:30-11:15am					
11:30 am						Aqua Arthritis Reservation required 11:00-11:45am	Aqua Arthritis Reservation required 11:00-11:45am
Noon							
12:30 pm							
1:00 pm		Pivot Physical Therapy 7am-4pm	Pivot Physical Therapy 7am-4pm		Pivot Physical Therapy 7am-4pm		
1:30 pm							
2:00 pm	Open with lane restrictions 10:30am-8:30pm	Open with lane restrictions 6:30am-6:30pm	Open with lane restrictions 10:15am-8:30pm	Open with lane restrictions 10:30am-8:30pm		Open Swim 11:45am-5pm	Open Swim 11:45am-5pm
2:30 pm							
3:00 pm							
3:30 pm							
4:00 pm							
4:30 pm							
5:00 pm	Pivot Physical Therapy 9am-8pm Open with lane restrictions			Pivot Physical Therapy 7am-8pm			
5:30 pm							
6:00 pm					Aqua Arthritis Reservation required 5:30-6:15pm		
6:30 pm							
7:00 pm		Aqua Arthritis Reservation required 6:30-7:15pm					
7:30 pm					Open Swim 6:15-8:30pm	Closed	Closed
8:00 pm		Open Swim 7:15-8:30pm					
8:30 pm							
9:00 pm	Closed	Closed	Closed	Closed	Closed		
9:30 pm							
10:00 pm							