

# OUTDOOR Aqua Fitness **AND** YOGA

FOR CA MEMBERS

**Preseason Aqua Fitness classes**  
No registration required

**Sunday, June 12 • 10am at Stevens Forest**

**Regular season Aqua Fitness classes** (begin June 18)  
No registration required

**Monday-Saturday mornings at Hobbits Glen**

**Sunday-Friday mornings at Stevens Forest**

**Monday and Wednesday evenings at Locust Park**

**Special Labor Day Aqua Fitness class**  
No registration required

**Monday, September 5 • 10:30-11:30am**  
**Stevens Forest Pool**

For outdoor aqua fitness class times and the current outdoor aqua schedule, please scan the QR code or visit [columbiaassociation.org/facilities/indoor-swimming-pools/pool-schedules/](http://columbiaassociation.org/facilities/indoor-swimming-pools/pool-schedules/) and click on the specific pool. Schedule is subject to change.



**Outdoor Yoga classes**

**Monday-Friday**  
**8:30am**

**Stevens Forest Pavilion**  
**June 1- September 2**  
**weather permitting.**

Preregistration for outdoor yoga is required. Regular registration procedures apply — register under Stevens Forest Pool.

Please bring your own mat and water bottle.

